

# PAIN ASSESSMENT FORM



PATIENT NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

## 1. HISTORY OF PAIN / SYMPTOMS

Check the following symptoms that you have:

- |                                    |   |
|------------------------------------|---|
| <input type="checkbox"/> Back Pain | <input type="checkbox"/> Neck Pain                |
| <input type="checkbox"/> Leg Pain  | <input type="checkbox"/> Tingling/Numbness in Leg |
| <input type="checkbox"/> Arm Pain  | <input type="checkbox"/> Tingling/Numbness in Arm |
| <input type="checkbox"/> Other     |   |

2. WHEN DID SYMPTOMS BEGIN? \_\_\_\_\_

## 3. HAVE YOU EVER HAD THIS PAIN BEFORE?

No       Yes - When? \_\_\_\_\_

4. WHAT DIAGNOSTIC TESTS HAVE YOU HAD (MRI, X-Ray, CT Scan, Etc.) ?  
\_\_\_\_\_

## 5. HAVE YOU EVER HAD SURGERY FOR THIS ISSUE?

No       Yes - What and When? \_\_\_\_\_

## 6. HAVE YOU HAD ANY OF THE FOLLOWING TREATMENTS FOR YOUR PAIN?

Injections:  No       Yes - Did it help? \_\_\_\_\_

Physical Therapy:  No       Yes - Did it help? \_\_\_\_\_

What type of Therapy? \_\_\_\_\_

7. WHAT MAKES YOUR PAIN BETTER? \_\_\_\_\_

8. WHAT MAKES YOUR PAIN WORSE? \_\_\_\_\_

## 9. DOES YOUR PAIN AFFECT ANY OF THE FOLLOWING?

Movement       Sleep/Rest

Emotions       Activities - Explain: \_\_\_\_\_

Relationships       Concentration

Bowels       Bladder

Other - Explain: \_\_\_\_\_

## 10. MEDICATIONS

Have you been taking any medications for your pain? \_\_\_\_\_

Have you taken medication today:  No       Yes - What Medication? \_\_\_\_\_

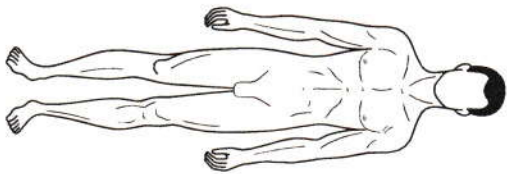
## 11. ANY ADDITIONAL INFORMATION YOU FEEL IS IMPORTANT?

\_\_\_\_\_  
\_\_\_\_\_

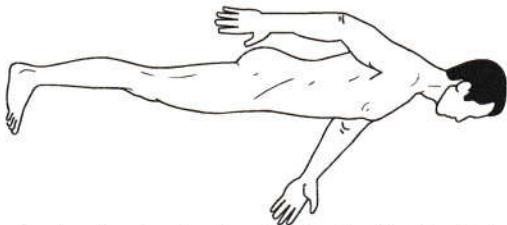
1. PLACE AN X at the location of your pain.

2. CIRCLE THE LEVEL of pain you experience.

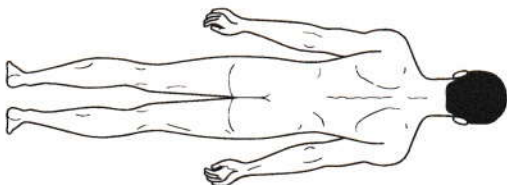
3. CIRCLE THE TYPE of pain you are experiencing.



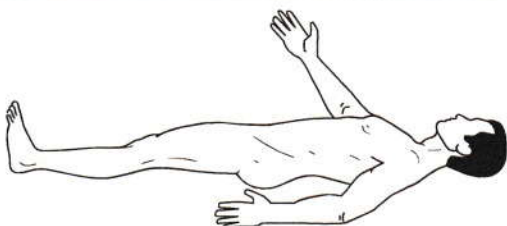
LEVEL	TYPE
10	Aching
9	Burning
8	Constant
7	Dull
6	Numbness
5	Sharp
4	Shooting
3	Stabbing
2	Tender
1	Throbbing
0	Tingling



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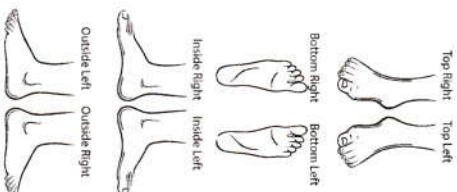
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